

Student / Faculty is **unwell** and has any of the following symptoms:

- **Fever and/or chills** Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher.
- **Cough or barking cough (croup)** Continuous, more than usual, making a whistling noise when breathing (not related to asthma, post-infectious reactive airways, or other known causes of conditions they already have).
- **Shortness of breath** Out of breath, unable to breath deeply (not related to asthma or other known causes or conditions they already have).
- **Decrease or loss of taste or smell** Not related to seasonal allergies, neurological disorders, or other known causes or conditions they already have.
- **Sore throat or difficulty swallowing** Painful swallowing (not related to seasonal allergies, acid reflux, or other known causes or conditions they already have).
- **Stuffy or stuffy/congested nose** Not related to seasonal allergies, being outside in cold weather, or other known causes or conditions they already have.
- **Headache** Unusual, long lasting (not related to tension-type headaches, chronic migraines, or other known causes or conditions they already have).
- **Nausea, vomiting and/or diarrhea** Not related to irritable bowel syndrome, anxiety, menstrual cramps, or other known causes or conditions they already have.
- **Extreme tiredness or muscle aches** Unusual, fatigue, lack of energy (not related to depression, insomnia, thyroid dysfunction, sudden injury, or other known causes or conditions they already have).

The student/faculty should stay home to isolate immediately. Contact a health care provider for further advice or assessment, including if a COVID-19 test or other treatment is needed.

If the student/faculty tests negative (they do not have the virus) they can return when **all** of the following apply:

- They do not have a fever (without using medication)
- It has been at least 24 hours since their symptoms started improving
- They were not in close contact with someone who currently has COVID-19

If the student/faculty tests positive (they have the virus) they can return only when they are cleared by their local public health unit.

If the student/faculty does not get tested, they must isolate for 10 days. They may be able to return earlier if **all** of the following apply:

- A doctor diagnosed them with another illness; and
- They do not have a fever; and
- It has been at least 24 hours since their symptoms started improving

If the student/faculty does not talk with their doctor they must isolate for 10 days. After the 10 days, they can return only when all of the following apply:

- They do not have a fever; and
- It has been at least 24 hours since their symptoms started improving

Student / Faculty is <u>well</u> but unable to attend school in-person, because:	
In the last 14 days they have travelled outside of Canada or someone they live with has travelled outside of Canada.	They can return only when they are cleared by their local public health unit, regardless of the test result.
A doctor or healthcare provider, or public health unit told the student / faculty that they should currently be isolating (staying at home).	Only when cleared to return by your local public health unit.
In the last 14 days they have been identified as a “close contact” of someone who currently has COVID-19.	<p>When the student/faculty has self-isolated for a period of 14 days from the last point of contact and remained symptom free.</p> <p>If the student/faculty develops symptoms they should contact their local public health unit or health care provider for further advice.</p>
In the last 14 days they have received a COVID Alert exposure notification on their cell phone.	<p>If they test negative (they do not have the virus), they can return to school.</p> <p>If they test positive (they have the virus), only after they are cleared by their local public health unit.</p>